Objects that reflect a lot of light:

Now draw a diagram of you looking into a mirror. Use labels to show what is happening.

How many objects can you find that reflect light? Write a list of as many as you can find in the table below and tick the column that best describes how much light they reflect.

| Object | Reflects a lot of <br> light | Reflects some <br> light | Reflects a little bit of <br> light |
| :--- | :---: | :---: | :---: |
| Now draw a diagram of you looking into a mirror. Use labels |  |  |  |
| show what is happening. |  |  |  | many as you can find in the table below and tick the column that best describes how much light they reflect.


| Object | Reflects a lot of light | Reflects some light | Reflects a little bit of light |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

Why can you see yourself in a mirror?

Why are some objects more reflective than others?

## Exploring Mirrors

Mirrors are very reflective. Mirrors can help us to see things that aren't straight in front of us. Have a go at each of these challenges...


Can you use mirrors to help you see the back of your head?


Find a large mirror and turn your back towards it. Hold a small mirror in front of your face. How many of yourself can you see?


## 



