

**Head Teacher**

**Mr Andrew Russell**

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Maintained by North Yorkshire County Council



7<sup>th</sup> January 2020

Dear Parents

**Key Stage 1 Mindfulness Club, Tuesdays 3.30-4.15pm**

I will be running a Mindfulness Club, taking place in Class 2 from Tuesday 14<sup>th</sup> January. The club is open to all girls and boys in Key Stage 1. Places will be limited to 20 children on a first come first served basis. If there are more children wishing to attend I will run another club next term. We will let you know if your child has a place this term or next before the club begins.

The club will be 10 weeks long and will run from 14<sup>th</sup> January until 11<sup>th</sup> February this half-term. It will start after half-term on Tuesday 3<sup>rd</sup> March and finish on the 31<sup>st</sup> March.

If you would like your child to take part in the club please complete the permission slip below and return to school.

Many thanks,

Mrs de Bethel

I give permission for my child ..... to take part in Mindfulness Club.

Signed .....

**Growing Learners for Life**