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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Year** | **Autumn 1** | | **Autumn 2** | | **Spring 1** | | **Spring 2** | | **Summer 1** | | **Summer 2** | |
| **Reception** | **Locomotion:** Walking and Jumping | | Ball Skills Hands 1 | | **Dance**  Nursery Rhymes | | **Gymnastics:** High, Low, Over, Under | | Ball Skills Feet | | Games For Understanding | |
| **Cycle 1** | **Locomotion**: Running\* | **Gymnastics**: Wide, Narrow, Curled | Ball Skills Hands 1 | **Gymnastics:** Body Parts\* | Ball Skills Feet | **Dance:** Growing\* | Ball Skills Hands 2 | **Dance:** The Zoo | **Locomotion:** Jumping | Games For Understanding | Team Building | Health and Wellbeing | |
| **Cycle 2** | **Locomotion**: Dodging | **Gymnastics**: Linking | Ball Skills Hands 1 | **Dance:** Water | Ball Skills Feet | **Dance:** Explorers\* | Ball Skills Hands 2 | **Gymnastics:** Pathways\* | **Locomotion:** Jumping | Games For Understanding\* | Team Building | Health and Wellbeing | |
| **Class 3** | **Invasion:** Netball | **Dance:** Weather | **Archery \*** | **OAA:** Communication | **Invasion**: Basketball\* | **Dance**  Wild Animals\* | **Boccia\*** | **Gymnastics** Symmetry & Asymmetry\* | **Net / Wall** Tennis\* | **OAA:** Problem Solving | **Striking & Fielding** Rounders | **Athletics\*** | |
| **Class 4** | **Invasion:** Netball | **Dance:**  Cats | **Kurling\*** | **OAA:** Communication | **Indoor Athletics\*** | **Dance:** Space\* | **Invasion:** Tag Rugby\* | **Gymnastics:** Key Steps (Competition)\* | **Net / Wall** Tennis\* | **OAA:** Problem Solving | **Striking & Fielding** Rounders | **Athletics\*** | |
| **Cycle if required)** | **Invasion:** Netball | **OAA:** Communication | **Invasion**: Football | Health Related Exercise | **Invasion:** Handball\* | **Dance:**  The Circus\* | **Invasion:** Hockey\* | **Gymnastics:** Counter Balance and Counter Tension\* | **Striking & Fielding** Rounders | **Net / Wall** Tennis\* | **Striking & Fielding** Cricket\* | **Athletics\*** | |
| **Class 5** | **Health Related Exercise** | **Dodgeball\*** | **Kurling\*** | **OAA:** Orienteering\* | **Invasion:** Basketball\* | **Dance:** Carnival\* | **Invasion:** Hockey\* | **Gymnastics:** Matching & Mirroring\* | **Striking & Fielding** Rounders | **Net / Wall** Tennis\* | **Striking & Fielding** Cricket\* | **Athletics\*** | |

**North Duffield Community Primary School**

**PE Long Term Plan**

**Additional Activities to be done throughout the year as individual days/ events**

* **Quidditch**
* **Boxercise**
* **House Competitions- Netball, Football, Cricket**
* **Class Competitions form part of the intra school competition (at the end of \* activities)**

**School Planning for sports in the white boxes.**