

# UPCOMING

Valentine Lunch – To be confirmed

## GIVE SCHOOL MEALS A TRY

At North Duffield we pride ourselves in the food we offer the children. All our meals are freshly cooked on site, many made from the basic ingredients.

Our menu ensures your child gets a balanced diet, which we base on The School Food Standards. By using the standard, we are trying to encourage healthy eating habits.

Allergies and Special Diets

Full allergen information is available and special dietary requirements are catered for, please contact the school if you would like further information.

### School Meal Options

Vegetarian options are available on request.

The school offers the children an alternative of jacket potato, with cheese, beans or tuna.

Please note if your child orders a jacket they will still receive the vegetable and pudding options on the menu.

WE DO ENCOURAGE ALL THE CHILDREN TO HAVE A HOT LUNCH. THE ALTERNATIVE OPTION IS FOR CHILDREN WHO MAY NOT LIKE THE MAIN MEAL. PLEASE DISCUSS THE MENU WITH YOUR CHILD.

## North Duffield School Meals



### Comments

Should you require any further information or comment on our school meals, contact us via email

[admin@northduffield.n-yorks.sch.uk](mailto:admin@northduffield.n-yorks.sch.uk)

## Daily Lunch Menu

### Spring 2022

5th January to 8<sup>th</sup> April 2022

Monday



Pasta Day



Tuesday



Favourites Day



Wednesday



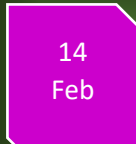
Traditional Favourites



Thursday



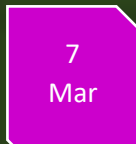
Around the World Day



Friday



Fish Friday



## Week 1

**CHEESE PASTA** (with or without  
bacon) Garlic Bread  
Green Beans & Sweetcorn  
**Fresh Fruit OR Yoghurts OR**  
Crispie Bun & orange wedge



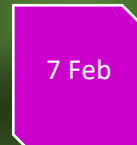
### SAUSAGE and MASH

Gravy, Baked Beans & Peas  
Wholemeal Bread  
**Fresh Fruit OR Yoghurts OR**  
Steamed Sponge & Custard



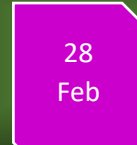
### ROAST CHICKEN, STUFFING

and Gravy, New Potatoes  
Broccoli & Carrots  
Crusty Bread  
**Fresh Fruit OR Yoghurts OR**  
Flapjack & Sultanas



### HOMEMADE PIZZA

Potato Wedges  
Cucumber & Sweetcorn  
**Fresh Fruit OR Yoghurts OR**  
Artic Roll & Fruit Cocktail



### FISH and CHIPS

Baked Beans & Peas  
Wholemeal Bread  
**Fresh Fruit OR Yoghurts OR**  
Shortbread Biscuit



## Week 2

### PASTA BOLOGNIASE

Garlic Bread  
Broccoli & Carrots  
**Fresh Fruit OR Yoghurts OR**  
Grannies Crunch

### CHICKEN GOUJONS IN A WRAP

Potato Wedges, Sweetcorn &  
Sliced Tomato  
**Fresh Fruit OR Yoghurts OR**  
Chocolate Orange Sponge & Custard

### MINCE BEEF IN GRAVY

With Yorkshire Pudding, Mashed  
Potato, Carrots & Green Beans  
Crusty Bread  
**Fresh Fruit OR Yoghurts OR**  
Custard Cookie & Apple Wedge

### CHICKEN KORMA

Wholegrain Rice, Naan Bread  
Cauliflower & Peas  
**Fresh Fruit OR Yoghurts OR**  
Orange Shortbread

### FISH STARS OR SALMON NUGGETS AND CHIPS

Baked Beans & Sweetcorn  
Wholemeal Bread  
**Fresh Fruit OR Yoghurts OR**  
Iced Cupcake